

Advances in CBT: Working with children & families

Bringing together a leading group of national and international experts to review recent developments in CBT theory, evidence & practice.

In Collaboration
With



29th October 2010
The Brunei Gallery
London

Full Price Rate: £120
Student Rate: £60*

Bookings to be made at:
www.annafreud.org

*Limited availability. Proof of status may be required

The aim of this one day UCL / Anna Freud Centre conference is to provide a concise update of advances in CBT practice with children by:

- exploring the relationship of childhood CBT to other areas of developmental research (such as neuroscience)
- highlighting developments of new CBT techniques with children and their families.

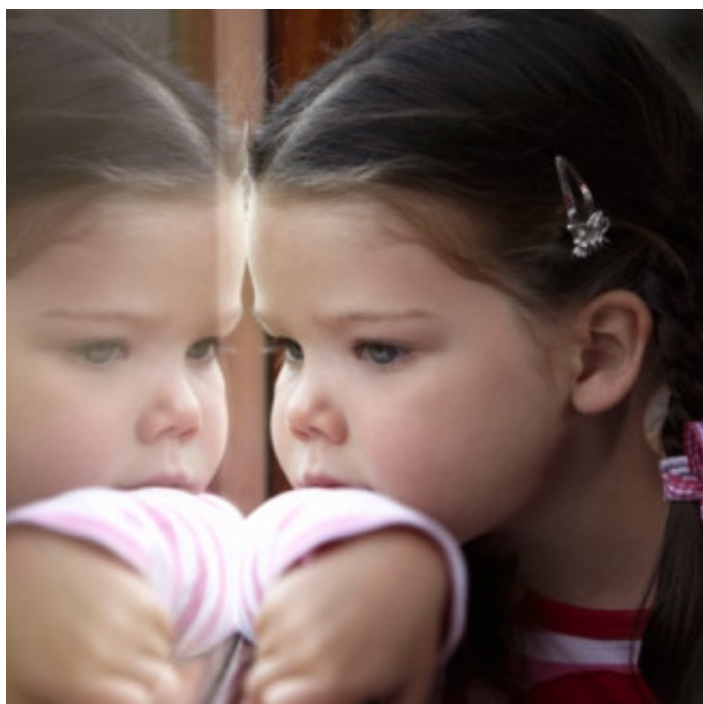
Conference topics will include:

- Attachment
- Mentalisation
- CBT and the developing brain
- Mindfulness
- Involvement of parents
- Trauma focussed CBT.

Speakers:

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|-----------------|------------------|
| Peter Fuggle | Susan Bogels |
| Peter Fonagy | David Trickey |
| Mary Target | Shirley Reynolds |
| Cathy Creswell | Tim Williams |
| Sandra Dunsmuir | Vicki Curry |

For full conference details please visit the Anna Freud Centre website:
www.annafreud.org



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Provisional Timetable
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MORNING: Advances in theoretical considerations for childhood CBT

| | |
|---------------|--|
| 09.00 - 09.30 | Registration |
| 09.30 - 10.00 | Welcome introduction and overview: Peter Fuggle |
| 10.00 - 10.30 | Childhood CBT and Developmental Neuroscience: Peter Fonagy |
| 10.30 - 11.00 | Attachment and mentalization and CBT: Mary Target |
| 11.00 - 11.20 | COFFEE |
| 11.20 - 11.50 | Childhood CBT, Schools and Learning: Sandra Dunsmuir |
| 11.50 - 12.30 | Childhood CBT: What role for parents?: Cathy Creswell |
| 12.30 - 12.45 | Plenary Discussion |
| 12.45 - 13.45 | LUNCH |

AFTERNOON: Advances in CBT Practice

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|---------------|---|
| 13.45 - 14.30 | Mindfulness and Childhood CBT: Susan Bogels |
| 14.30 - 15.15 | CBT for OCD: Shirley Reynolds/Tim Williams |
| 15.15 - 15.45 | TEA |
| 15.45 - 16.15 | Trauma focused CBT: David Trickey |
| 16.15 - 16.30 | What are the core competencies and skills for CBT?: Vicki Curry |
| 16.30 - 16.50 | Plenary discussion |
| 16.50 - 17.00 | Concluding Comments & Close: Peter Fuggle |